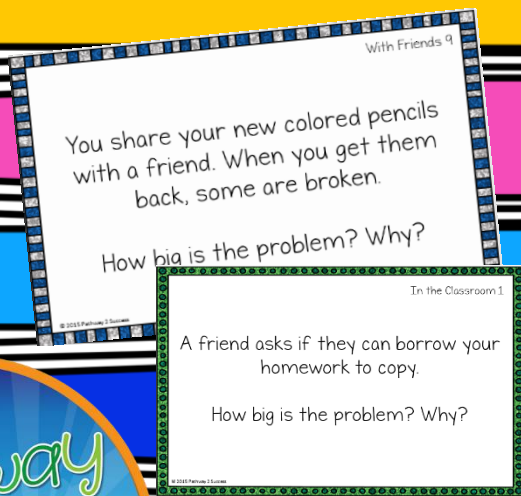


How Big is My Problem?

TASK CARDS

FREE SAMPLER!



How to Use Task Cards

These task cards are focused on helping children identify how big issues really are on a scale from 0 to 5. Being able to understand the severity of a problem is often a huge issue for children with emotional and behavioral challenges. Some students are “black and white” thinkers, as they see every issue as a massive problem or emergency, when many times the problem is much smaller. Use these task cards to help students practice understanding problems and how big of a problem each situation really is.

It's important to note that there are no “right and wrong” answers for these task cards. Many of the problems are subjective, based on the students and their personal lives. The goal is to create more conversation about the size of problems, allowing students to begin processing problems and possible solutions.

A “How Big is My Problem?” Chart is also included to allow you to review the levels of problems with your students.

There are several ways these task cards can be implemented and used in your class:

- Use the task cards to guide discussions in small groups of students.
- Partner students up to read and discuss each task card.
- Use specific cards to guide class discussions or for morning meetings. Give time for students to chat with a partner first, then allow partners to share out what they think.
- Partner or group students up at tables. Pass out different cards to each group. Give students time to discuss and agree on a how big the problem is. After students are done, have each group share out and discuss what they learned from the card.

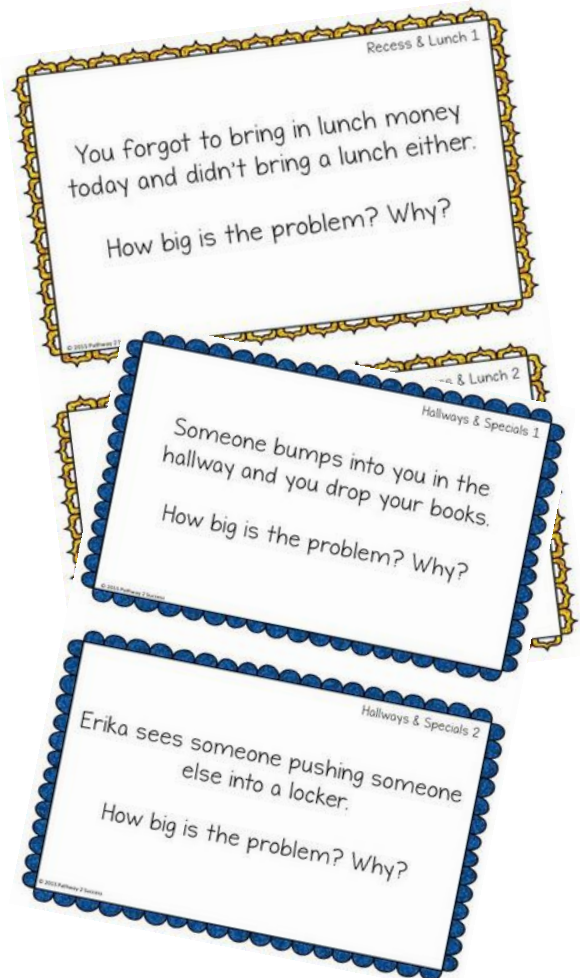
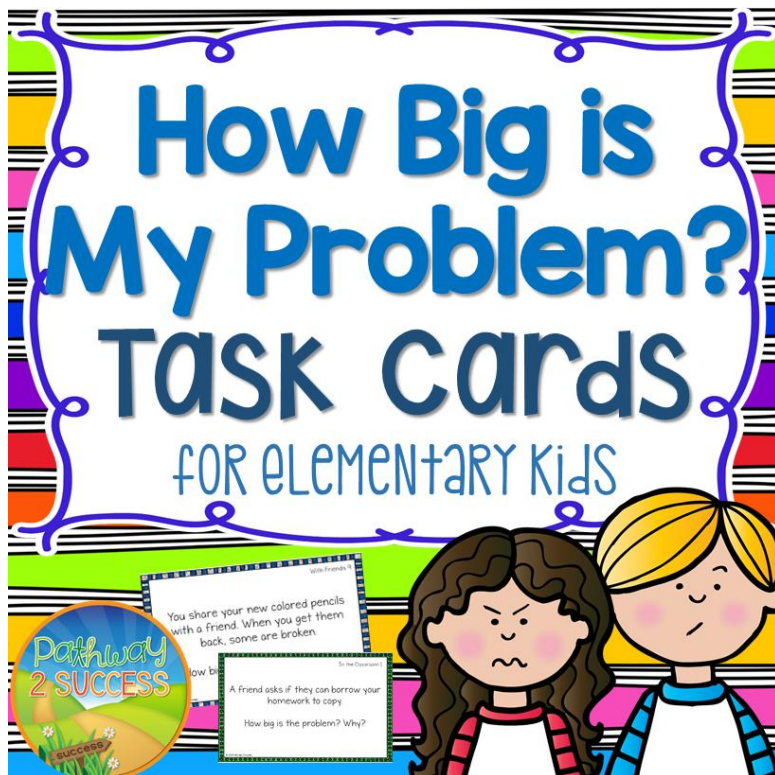
If You Like This Product...

Consider [buying the full version!](#)

The "How Big is My Problem? Task Cards include 100 fun task cards that highlight several different types of problems and situations.

The cards are organized into five different sets that target different locations and situations: With Friends, At Home, In the Classroom, At Recess and Lunch, and In the Hallways and At Specials.

The full product also includes Discussion Questions and Student Response Sheets.



How Big is My Problem?

5	Emergency Need serious help right away from adult Tornado, Earthquake, Car accident, Immediate danger
4	Massive Problem Need a lot of help from an adult Someone is hurt, Things are being destroyed
3	Big Problem Need some help from an adult Argument with a friend, Someone saying something mean to you
2	Medium Problem Need a little help from an adult Feeling sick, Having to work with someone you don't get along with
1	Little Problem Need a small amount of help or a reminder from an adult or friend Don't understand assignment, Lost your favorite pencil
0	Glitch Don't really need help - can fix on your own Dropping your pen, Not being the first in line, Changes in schedule

Your friend has a cool new toy that you really like. You ask to see it and they say no.

How big is the problem? Why?

You are playing a game with a friend. You thought you would win but they do.

How big is the problem? Why?

Your dad asks you to put the laundry away. You don't want to do it now.

How big is the problem? Why?

Your parents tell you to get ready to go out for dinner. You have a lot of homework to do, though.

How big is the problem? Why?

Your pencil breaks during a test.

How big is the problem? Why?

A friend asks if they can borrow your homework to copy.

How big is the problem? Why?

You forgot to bring in lunch money today and didn't bring a lunch either.

How big is the problem? Why?

Darrell is upset when he sees his mom didn't pack him a dessert to go with his lunch.

How big is the problem? Why?

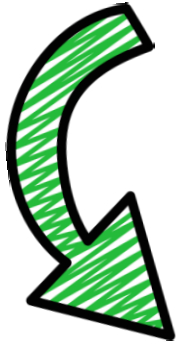
Someone bumps into you in the hallway and you drop your books.

How big is the problem? Why?

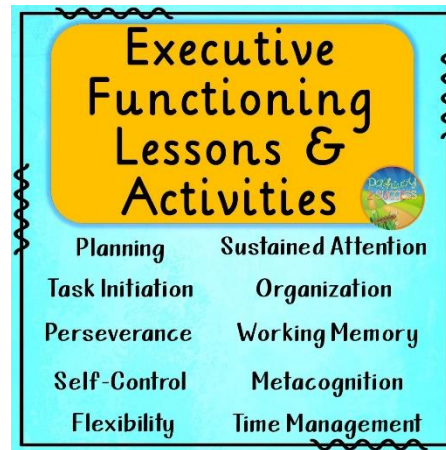
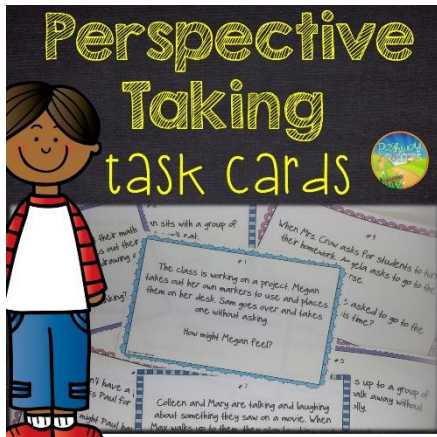
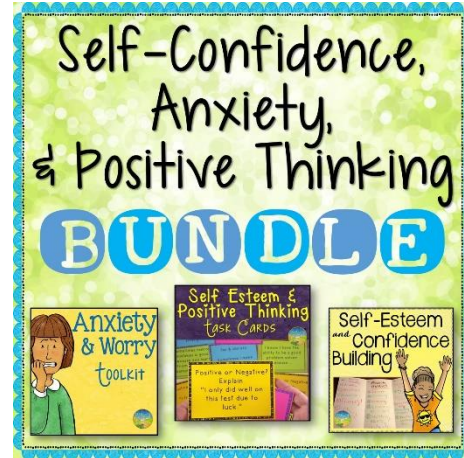
Erika sees someone pushing someone else into a locker.

How big is the problem? Why?

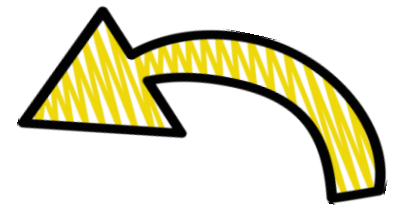
MORE Guidance & Counseling!



Build confidence, encourage positive thinking, and reduce anxiety.

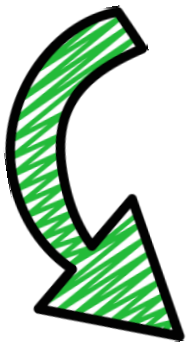


Lessons, worksheets, task cards, and practice to teach the necessary skills kids need.

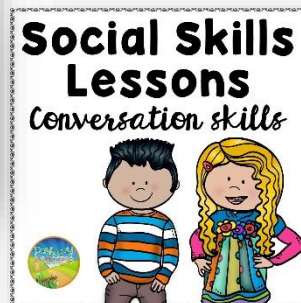
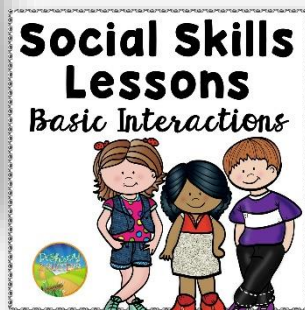
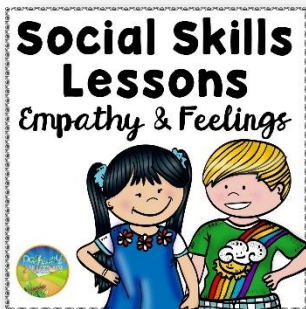
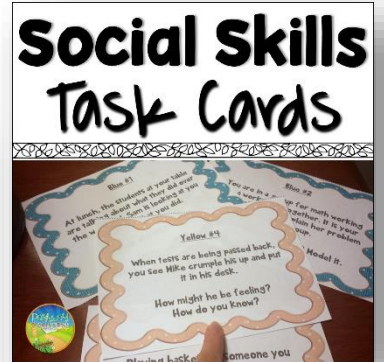
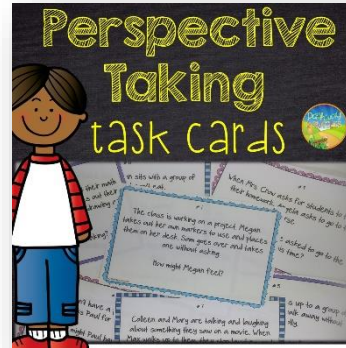


Click here to check out all of my guidance and counseling materials!

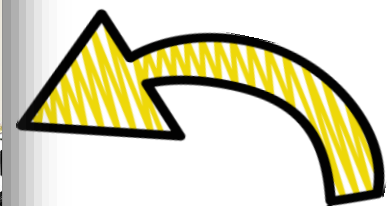
MORE Social Skills!



Sets of 80 social skills and perspective taking task cards that highlight real social situations.



These lessons include several pages, practice, role play, and discussion questions focusing on learning social skills.



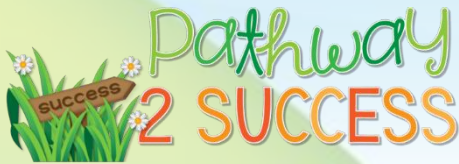
[Click here](#) to check out all of my social skills materials!

About the Author



Kristina Scully has been a special educator for over 10 years. She has a bachelor's degree in special and elementary education from the University of Hartford, along with a master's degree in special education with a specialization in autism from the University of St. Joseph. She has worked extensively with kids and young adults with behavioral challenges, learning disabilities, autism, ADHD, anxiety, and other needs.

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